

Inside...

Perspective



Striking back

A National Student Day of Strike and Action took place at 80 campuses in 19 cities on Jan. 25. Students at both the University of Guelph and the University of Waterloo, marched into the streets with placards in hand to protest proposed cuts to federal post-secondary funding. Spoke was there.

See pages 8-9

Issues

Sexual Awareness

The University of Guelph's Wellness Education Training Troupe (WETT) will be performing their play "Let's Talk About Sex" on Feb. 9. Presentations will take place on Doon campus in room 4B06 to help increase awareness of sexual issues among young people.

See page 14

Entertainment

Psychic guest

Dan Valkos, a renowned psychic and paranormal expert, visited Doon campus on Jan. 25. to practice his extra-sensory gift on Conestoga students.

See page 15

Graphic students excel in provincial contest

By Kelly Spencer

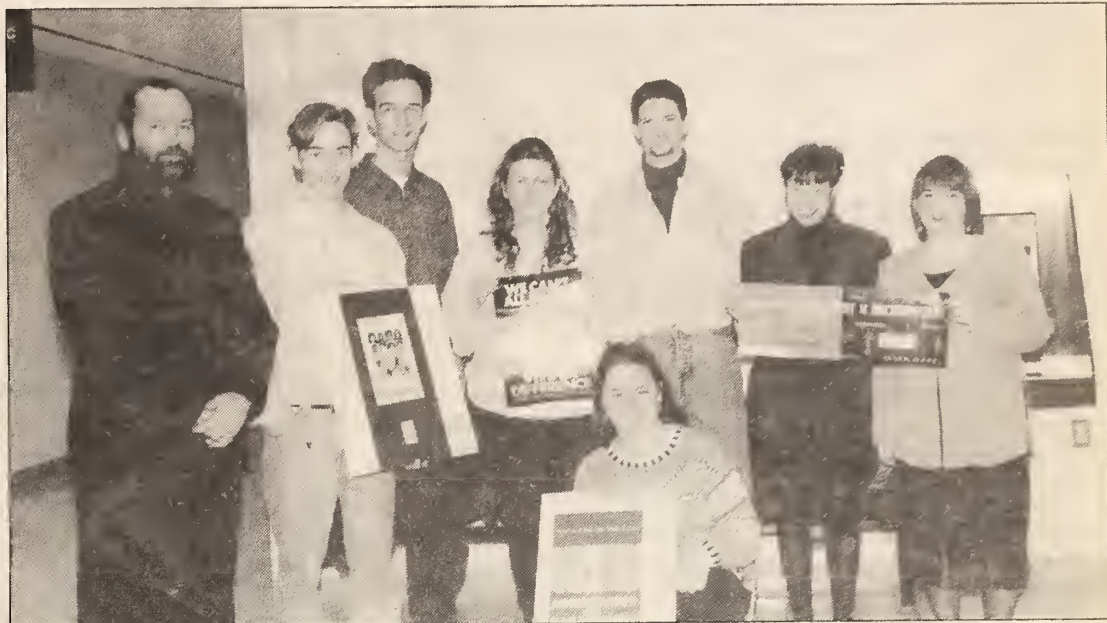
Second-year graphic design and advertising students were honored at the board of governors' meeting Jan. 23 for their top-notch standings in a provincial competition last month.

A total of 186 entries were submitted last November by Ontario college, university and secondary school students in a competition to develop a button and poster for use by the province's Post-Secondary Anti-Harassment and Discrimination Project Co-ordinating Committee (PAHDPPC).

Two teams of Conestoga students tied for first place. Other Conestoga graphics students were second and fifth-place winners.

Ron Smrczek and Treena VanMaanen produced one of the first-place and \$1,000 award designs, with the message "We Can't

See Award, page 4



Conestoga's award winning graphic design students: (left to right) program co-ordinator Myron Shwadchuck with Ryan Spencer, Jared Smith, Treena VanMaanen, Ron Smrczek, Amy Zoeller, Melissa Dietrich and Kimberly Foote (kneeling). (Photo by Kelly Spencer)

Student unemployment on the rise across Ontario

By Patti Harding

In an age where students with a university degree are struggling to find employment, Conestoga College is in the forefront with 82 per cent of its graduates finding work.

Unemployment among students continues to be a problem in Ontario as the rate of the unemployed aged 15 to 24 rose to 16.5 per cent in October from 15.8 per cent in September of 1994.

Graduates, who have worked for

degrees and should have an edge, are also struggling. The youth unemployment rate for those with university degrees rose to 9.4 per cent in 1994 from 6.4 per cent in 1990.

"Although more youths are staying in school to secure valuable jobs upon graduation, this extra education will no longer guarantee a place in the job market," Kevin Makra, president of the Student Employment Network, said. "Companies are becoming increas-

ingly interested in the experience and specific skills that a student can bring to the job — not just education alone."

Ontario's jobless rate among young people has decreased largely because of the number of youths who have simply dropped out of the labor force over the past year. The most recent drop in the province's unemployment rate is being attributed to 37,000 men and women under 25, who have decided to stop looking for work.

"It's discouraging to find that there has been no improvement in the youth unemployment rate during 1994," said Makra.

Even though the unemployment rate for students is continually rising, graduates of Conestoga College have less to worry about. Out of 1,164 graduates available for work in 1992-93, 957 got jobs — 700 related to their field and 257 not.

With the lowest program having

See Unemployment, page 4

DSA presents \$36,000 for new business wing

By Kelly Spencer

The DSA presented a cheque for \$36,000 to the college administration at the board of directors' meeting Jan. 24.

The move came after the DSA held off making a \$33,000 payment out of the capital development fund last November to aid in the building of the new business wing at Doon. The DSA had originally wanted contributions to build a student

centre, but were instead offered some space in the lower B-wing of the main building in exchange for money for the new business wing.

In November, the DSA said they would hold off on those funds until they were given written confirmation of the deal.

President John Tibbits, who accepted the cheque on behalf of the administration, said the college has now collected more than \$4.5 million for the business wing.



College President John Tibbits receives a cheque from DSA President Sabina Kamp for the business wing. (Photo by Kelly Spencer)

Tibbits said the support from full-time and part-time students has been very important to the development. In addition, the college has raised almost \$2 million through the private sector, almost \$1 million from the provincial and federal governments, and more than \$400,000 has been contributed by employees over the last five years.

"What I see here is a partnership with the students, employees, the private sector and the federal and provincial governments," Tibbits said. "Everyone is contributing to make this a better college."

Tibbits said the idea for a school of business was one of the key directions of a "strategic plan" devised for the college about four years ago. The aim, he said, was to provide more consistent and better services in the college, which was enhanced with the construction of the Student-Client Services Building two years ago.

Upon completion of the new business wing, the added 3,600 sq. metres of space in the college will provide more space for student recreational activities, said Tibbits. In addition, the Learning Resource Centre will be expanding substan-

See Cheque, page 4

Red Cross seeks 100 donors

By Linda Orsola Nagy

Imagine a loved one is in the hospital after a horrible accident.

The doctor tells you nothing can be done; the hospital does not have enough blood and the transfusion your loved one needs cannot be done. Imagine.

Fortunately, in Canada, no one has to suffer through that situation.

On Wed., Feb. 8 from 10 a.m. to 3 p.m. the Red Cross will be holding a blood donor clinic at Conestoga College's Doon campus.

It will take place in the Blue cafeteria.

The drive, organized by the Doon Student Association (DSA) in conjunction with Health Services, is gearing for a goal of 100 donors.

The clinic will begin at 8 a.m. and refreshments will be on hand afterwards for those who donate.

SPOKE

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Cobain's death vastly overrated

In its December issue, Spin magazine published the results of the annual reader's poll. Alongside the usual fluff sat one lonely, seemingly misplaced heading.

The "worst tragedy of the year" had some pretty stiff competition for first place. The majority of those polled agreed that the single-most devastating event of the year even surpassed the horrors of Rwanda. Yes, apparently one nation's genocide pales in comparison with the suicide of Kurt Cobain.

On an individual level, I can appreciate such an opinion. Spin magazine targets an 18-24-year-old audience. Fitting into that category myself, I can understand that the untimely death of an idol would perhaps feel like more of a personal loss than that of thousands of nameless faces in a "far-away land". But I suspect ignorance plays a larger role in these poll results than does an undying devotion to the memory of Cobain. And frankly, with all rights to personal opinion set aside, I am embarrassed to know that my peers consider the slaughter of hundreds of thousands of innocent people to be secondary to the suicide of one celebrity.

There has been plenty of analytical theory written about Generation Xers. We have been labeled many things, most of which boils down to feeling isolated from other generations. Whether we are more so than our parents were at our age is purely speculation. But what I am certain of, is that people who made a conscious effort in 1994 to acquaint themselves with the world around them, would never consider the death and brutality in Rwanda to be of lesser consequence than the suicide of one man.

There seems to be an anti-political attitude festering among our generation. We are the ones who will be cleaning up the mess our parents leave behind, and because of this, we are bitter and distrustful of political forces. We rebel against "the establishment". We take comfort in our own company and create sub-societies of our own. Finally, when we are forced into the "real world" we realize that while we were busy burying our heads, the entire world had changed, and without a single regard to us, the Generation Xers. Gosh, I wonder why. Those who do not use their voting clout to their advantage, are not represented. It's that simple.

We live in a world that grows more complex by the minute. As that complexity mounts, it becomes easier for politicians to take some sharp turns without turning heads. And while they cry out for a generation of young people who are responsive and well-versed in social issues, there's nothing that could please a crooked, elite establishment more, than a bunch of potential troublemakers who are too teary-eyed over the death of a rock star to raise hell over the slaughter of innocent people.

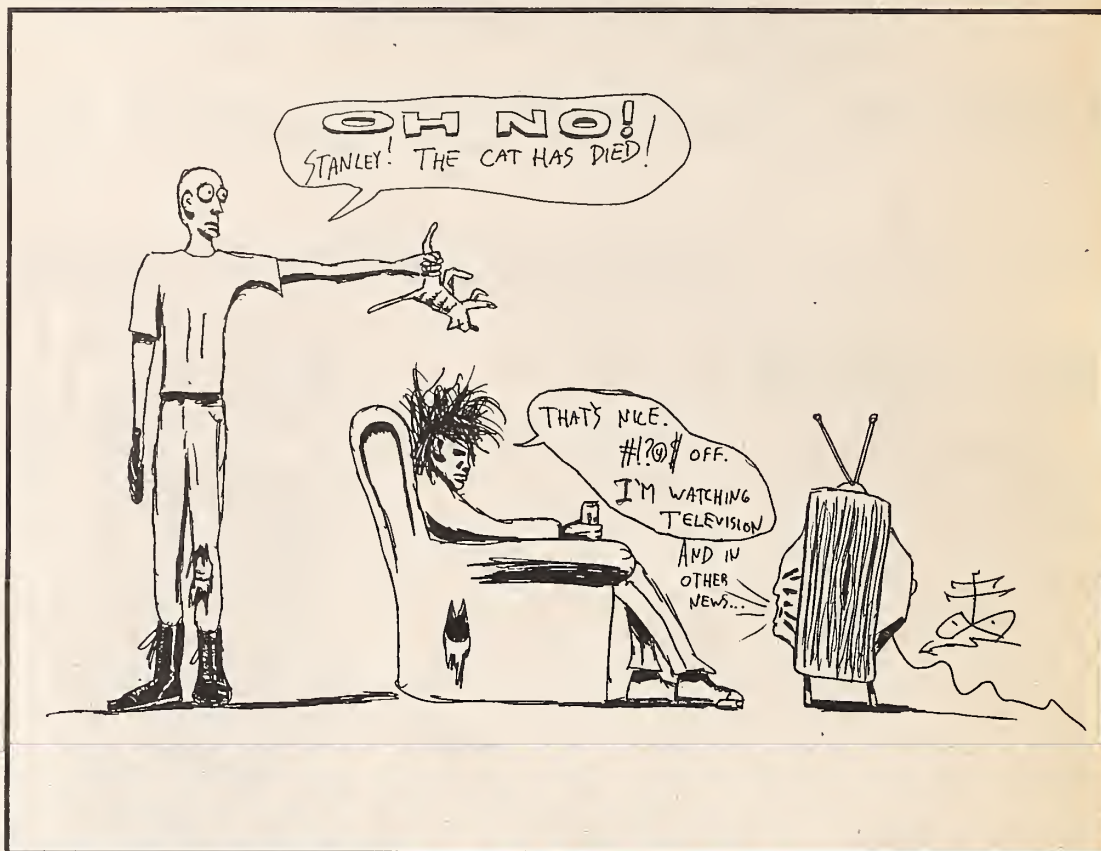
An anti-establishment attitude of the '60s is not the same as the anti-political notion I detect in my peers. To question all political motives and to cry out against social injustices, is to be very politically active. But to think that the happenings in the world beyond popular youth-culture have no bearing on our lives, is exactly the sort of ignorance "the establishment" feeds on.

Knowledge is power. Ignorance is just ignorance.



By Kelly
Spencer

OPINION



Tuition hikes will affect everyone

How does \$40,000 appeal to you? Personally, I feel it's a substantial sum of money which I don't think I will ever have the pleasure of seeing in my bank account.

But for our idealistic federal government, it's what they are proposing you should pay if you are considering a university or college education.

Why? Because it will presumably help reduce a huge deficit. How? By cutting back on transfer payments to the provinces. When? Don't blink.

What does it all mean for students? A huge increase in tuition fees — almost triple the tuition fee is being predicted — and a ridiculous amount owing after graduation for students who will be eligible for OSAP.

What does it mean for the rest of us? Everything. Education is an investment in everyone's future and the lack of it will affect us all.

It's scary news, but what's even more frightening is a general shortage of awareness on the seriousness and the impact of the whole issue.



By Maria
Wareham

Too often we sign on the dotted line without reading the fine print or asking questions, then later, we regret having done so. If this proposal isn't stopped and thrown out, it will come back to haunt us.

The national student strike on Jan. 25 sent a clear strong message. However, is one strike enough to abolish this proposal or is it the reaction Lloyd Axworthy, minister of human resources, expects to encounter when passing such reforms?

I am almost finished my program so if the proposal is passed it will not affect me directly. But if we begin to lose trained, qualified people in this country because they can't afford an education, we will lose jobs, and in that respect I will be affected.

Canadians can't afford more cutbacks in education — it's a massive step backwards. If something isn't done to discourage the slashing by the government on our education system, Canada may not be too far away from becoming the third-world country our American allies have described us as in their newspapers.

Irrelevant electives defeat students' needs

When I decided to take journalism at Conestoga College, I was not aware of the extra baggage that would accompany my choice in the form of general education courses.

How ironic the courses are referred to as electives, when I don't seem to have a choice in the matter.

Accepting the bitter reality of two extra courses, totaling 96 additional hours of class tacked-on to my semester, I decided to cut my losses and sign up for a program I was interested in.

I looked over the vast number of electives to choose from — five, which included social psychology, oral communications, drama, social problems and errors in reasoning.

I signed up for drama, I got social problems, my last choice.

Social problems is as relevant to journalism as bras are to the TV show Baywatch.

In 1967, the documents which legislated the formation of the colleges of applied arts and technology in Ontario stated as a principle that the colleges "must develop curricula that meet the combined cultural aspirations and occupational needs



By Mark
Waddell

of the student."

My cultural aspirations were not met, nor were my occupational needs.

In fact they were somewhat hindered due to the many hours spent studying for social problems tests, when the time could have been spent working on stories, which would allow me to develop my portfolio, which would allow me to get a job.

This system appears to defeat the purpose of choosing courses that would broaden my horizons which was the original intention of electives.

Would it not be a brilliant idea to offer journalism students elective courses such as world affairs, current events, Canadian studies and political structures?

These courses are offered to jour-

nalism students as core courses.

Instead, I sat and learned the habits and techniques of drug abusers. This will really help my chances for working at the Washington Post someday.

This is how my interview would sound:

"I realize that there are grammatical errors, and punctuation errors, and misspelled names in the stories in my portfolio. But in college I spent many a night studying for social problems tests and disregarding my articles. But hey, I now know how to chase the dragon."

It's not that these classes are unnecessary, but they are irrelevant to my education in becoming a journalist.

These courses are necessary to the nursing field, psychology field and anything else remotely related.

High school is where I received my broad education, college is where I specialize in a specific area of education.

I find myself in a state of déjà-vu, because I thought that I left general education courses back in high school.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

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Campus Comments

What do you think about possible tuition increases due to reduced gov. funding?



It sucks. We can't afford it as it is. They should tax people who can afford it, like the rich, not us poor students.

Deb Baird
Nursing program

I'm broke as it is. Instead of education helping me, it's starting to hurt me.

Mike Janson
General arts and science



It's a necessary evil. The government is paying 70 per cent of our tuition and with the deficit, they have to make cuts somewhere.

Wendy Myers
General business

I just think what they're charging is ample already. I tend to wonder about the value of some of the courses they're offering now.

Paul Rongits
Law and security



Students are the future of this country. If they raise tuition, students won't have time to study because they will have to work part time.

Kayvan Mandi
Mechanical engineering

I work on the weekends, so I would probably have to find a job during the week. I don't want to do that because it would hurt my studies.

Brent Bates
Business management



College is still cheaper than university. I know. I did four years of university.

Donna Ilowski
Office systems administration

It sucks big time. Hopefully, I'm not going to be here when it increases, but you never know.

Joe Rezar
Mechanical engineering



We've had it really cheap for the longest time. Maybe they should raise student minimum wage so high school students can save tuition.

Sonja Gabert
General business

People who can't afford to go to college will have it that much harder. It will lower the education level in Canada.

Teressa Kelly
Graphics



Ideas? Are there questions you would like answered? Spoke welcomes suggestions for Campus Comments. Bring suggestions to the Spoke office at room 4B15 or call Spoke at 748-5366.

Royal Commission on Learning report sparks skepticism about early education

By Lori Grant

Many of the controversial proposals surrounding the Royal Commission on Learning report, which will abolish Grade 13 and open school for three-year-olds, may be just a lot of hype.

According to Donna McKenna, chair of Early Childhood Education at Conestoga College Doon campus, the proposed education system "will be a long time seeing."

"We've been here before," McKenna said. "Every government wants it to be 'their' government," she said, regarding the implementation of a new proposed twist to the education system.

However, McKenna is not the only one who is skeptical. "Seventy per cent of these proposals never get implemented anyway," said Laurie Schroeder who works at the Waterloo County Board of Education. "I guess we'll have to wait and see the situation."

Schroeder gave a synopsis of the 800-page document, detailing the four major engines driving the plan. The engines are: first: a new kind of school-community alliance; second: ECE; third: professional teachers; and fourth: information technology.

The second engine, ECE, proposes to have children begin their school career at age three. But if students in Conestoga's ECE program hope an increase in enrolment

means more job opportunities, it seems they may be in for a big surprise according to McKenna.

She said a proposal to begin enrolment at age three does not necessarily mean job creation since the document's proposals may not even be successful. "It's impossible to say," said McKenna. "We don't even know under what umbrella it will go. There are so many different ministries."

Yet the question of which ministry will be in charge of the proposed new ECE program is just surfacing. McKenna said day care and ECE is a problem parents face now.

"From a pragmatic point of view, most families are two-parent families who work," she said. "There are few families where one parent can stay at home. Most parents need full-time day care."

McKenna said if the new ECE proposal is successful, the entry level of a child will be 2.8 years-old. She said the government already has legislation in progress for entry level at age 3.8. "The ministry is in for a big shock," she said, if it decides to go through with the proposals. "It's just another thing to get fragmented families more fragmented."

Despite the concern for the family unit, the question of who will foot the bill of this new education system is another matter. "All they've (the ministry of education) done is increased the cost," McKenna said.

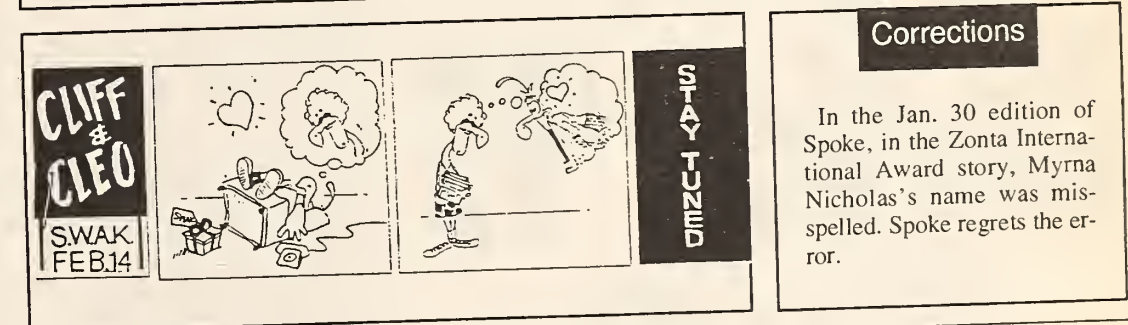
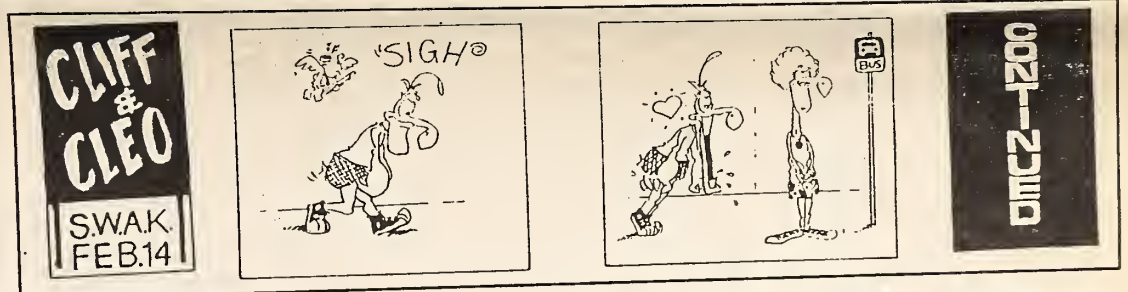
Schroeder outlined proposals of the ECE engine and one of them addresses cost. She said the provincial government would give Francophones priority funding over Anglophone children. But when it comes to the lack of funding, she said, there isn't room for selective funding, especially with the debts Ontario has.

Besides the funding proposal, Schroeder explained three other proposals under the ECE engine. The first: ECE should be provided by all school boards for children aged three to five in which provincial government would gradually replace Junior-Kindergarten, she said. She said the public education system would fund this and eliminate kindergarten teachers who would be replaced with ECE instructors.

Secondly, the new ECE education system would be phased in as space becomes available, she also said.

And the last of the four proposals Schroeder explained suggests a guide outlining the stages from birth onward. The school curriculum would start at Grade 1. The specific learner outcome at age six would be used in the curriculum for ECE.

Schroeder says she can understand some of the government's proposals, but she is still skeptical. "I don't think they always think things through. I don't know, I'm quite anxious to see the outcome."



Corrections

In the Jan. 30 edition of Spoke, in the Zonta International Award story, Myrna Nicholas's name was misspelled. Spoke regrets the error.



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A mouse is in the house

By Nancy Usjak

Little grey mice are roaming the halls of Conestoga College in search of higher learning. A mouse was sighted as recently as last semester. Two visibly amused journalism students who don't want to be named say they witnessed a mouse napping in the sunlight in room 2A61. Andrew Jankowski, journalism co-ordinator, spotted a mouse a few years ago in his office, room 389. "On my window sill, there was a little face peering at me from behind the speaker," he said. Housekeeping Services Staff have also had encounters with rodents. Mike, a staff member who doesn't want his real name used, said he was once called to the wood skills building to hunt down a mouse. With a broom as his

weapon, Mike charged into the building in hot pursuit. "The thing was running under the chesterfield. It was too fast for me," said Mike. "I chased it with a broom. It went everywhere. How can a human being catch up to one of these things?" He said he wasn't fast enough to kill the critter. However, Mike said mice are useful, and yet harmful at the same time. He said they eat the food scraps and scum in the building, but they are also known to carry germs. In the summer months, Mike said bats, which he calls "mice with wings", become another problem. He said they hang from the entrance ways. His job is to shoo them away. Mike said bats provide entertainment for students who go outside

on smoke breaks. "People flip out," he said. They see it fly away like Dracula." Barry Milner of physical resources said close encounters with mice and other rodents in the school don't surprise him. "With the number of doors in this facility and the number of people that leave doors open, it would not surprise me to hear there is a rodent in the college." However, Milner said there is nothing to be alarmed about. He said the school has a contract with Safeway Pest Control for pesticide services. "Traps are placed in different locations if there's a report of mouse activity," he said. How does Mike feel about having to kill the pesky rodents? "It sucks when you have to do that," he said. "You don't want to squish it, but you do."



Keep out
A vehicle drives down the walkway, that leads to Doon's administrative building on January 27. (Photo by Brenda Boomer)

Graphic students win awards

From page 1

All Be The Same . . . Vive La Difference". Sharing top rank were Melissa Dietrich and Amy Zoeller for their work which reads, "Challenge Harassment And Discrimination . . . The Challenge Is Ours". Both posters and accompanying lapel buttons have been printed and are being distributed to Ontario colleges and universities to aid the PAHDPPC's efforts to support anti-harassment and discrimination measures at colleges and universities. Kimberly Foote took the second prize of \$750 while Jared Smith and Ryan Spencer teamed up for the fifth-place prize of \$100. Such success is not new to

Conestoga's graphic design program and students, both have a long history of excelling in regional and provincial competitions. Entries into competitions like this one, are a mandatory part of the program, said co-ordinator Myron Shwadchuck. "Professional practice" simulates freelance work, said Shwadchuck, and production time is added onto the regular, "enormously heavy workload". The program works to create a studio-like atmosphere, he said, which truly reflects the real working world. That includes the "close-knit feeling of community" within the classroom and the healthy sense of competition which fuels the students' dedication to succeed, he said.

"We're way ahead of other schools," he said. "Places out there demand our students." While students generally work at their own pace, projects carry "iron-clad deadlines" Shwadchuck said. "We schedule the problems. The students meet them." The end result is students who are very independent and ready for the real working world, he said. Students in the program love what they do, said Shwadchuck. They also love to win, realizing that in their profession, they are paid according to the value of their work. "This is not something you choose to do," he said. "It chooses you." "If you ever walk past our area, you'll see our lights burning," he said. "We're always there. That's how we beat our competition."

Unemployment rising

From page 1

an employment rate of 78 per cent, Conestoga College is moving into the forefront with graduates finding employment. Students are finding jobs at the Big Brothers, the Kitchener-Waterloo Record, Azza Design Studios Inc., YWCA, Paragon Engineering and Cambridge Memorial Hospital. Conestoga sends out a diverse group of graduates that don't seem to have a hard time finding employment. To help students who are finding it difficult to relate to the workforce, the Student Employment Network has released a book to give students essential information for understanding companies' requirements and es-

tablishing full time, part time or summer employment. The 1995 Ontario Student Employment Guide: A Job Seeker's Guide to Ontario's Top Employers has over 370 pages of information that helps to bridge the communication gap between what employers look for in a potential candidate and what students expect from the job market. The information in the book includes company profiles with the academic qualifications required by each employer. It also includes personal skills which the company desires in an employee. This guide will give those students and graduates looking for employment the extra advantage needed in the competitive job market today.

Election '95

State your candidacy
for the DSA Executive

POSITIONS AVAILABLE

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Vice President of Operations
Vice President of Student Affairs

NOMINATIONS OPEN
Monday, January 30, 9:00 am
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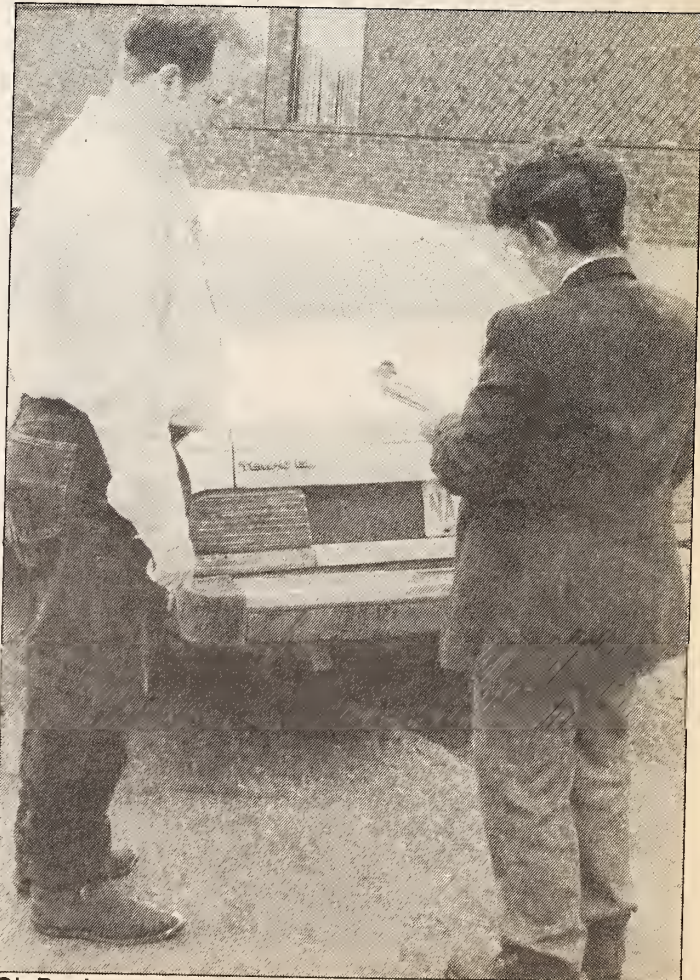
Thursday, February 9, 12 noon

Nomination Forms and more
information available at the
DSA Administration Office

DSA presents cheque

From page 1

tially — by at least 315 sq. metres, he said. Dooners and the lower cafeteria will also undergo improvements this summer. "The next stage of the strategic plan is to build the Trades and Apprenticeship Centre on this campus," said Tibbits. Tibbits said that out of 23 other colleges, Conestoga has one of the three best retention rates and is in the top three for financial stability and job placement. He said the alumni indicated to him that the better this college becomes, the more valuable their diplomas will become. "You don't want to be part of an organization that is going downhill," said Tibbits. "You want to be part of an organization, hopefully, that is continuing to prove itself. And I think you'll find Conestoga has an excellent reputation."



Oh Boy!
Materials management student Todd Fletcher, receives a parking ticket from the college security after he parked in a no-parking zone. (Photo by Blair Matthews)

Aging affects health care

By Patricia Bow

Conestoga's population has gone through some changes in the last decade, says college nurse Marilyn Fischer. We're greyer than we used to be, we're more diverse, and we're a little greener.

Fischer has been with the college nearly 23 years, 10 of those years at Doon. "The greatest change I've seen is the increase in numbers of mature students," she said.

Health care delivery has changed to meet the needs of the changed population, Fischer said. She added that the aging of the faculty as a group is another factor contributing to the trend.

In the last few years she has had to deal with more of the ailments associated with aging, such as heart disease, joint problems, arthritis, chronic back pain and diabetes. Questions about menopause which used to come mostly from staff now come almost as often from students, Fischer said.

Another notable change, she said, is the increased number of students

with special needs, as more physically-challenged people move into the educational mainstream.

Health Services becomes involved with these students even before they enter college, Fischer said. "First we help assess if they're well enough to be here, then what sort of assistance they'll need, and if we can provide what they need."

The bulk of the student population is fit and healthy, Fischer said. But accidents happen, and some students come in daily to have burn or wound dressings changed. Others, overstressed, just need a place to lie down and rest occasionally. One man with chronic back pain needed an injection each day to carry on with his studies.

In recent years, alternative medicine has grown in popularity, and Conestoga too has felt the effects.

Fischer said students have asked her about such holistic approaches as therapeutic touch, reflexology, music therapy and herbal remedies. She took a Conestoga continuing education course dealing with alternative healing methods so that she

could answer those questions, and found herself becoming interested.

While Fischer said she believes "the doctor is the first line" in health care, "the medical model can do with some supplementing." Problems can arise when people rely on holistic methods alone, avoiding conventional medicine, but there is a place for both in the health care system, Fischer said.

What else has changed in the last 10 years?

Fischer said she sees a change in students' attitudes. Giving as example nursing students she has asked to take certain tests or immunizations before starting their practicums.

She said the students are more likely these days to raise questions and objections, while years ago they would simply have complied.

Fischer said male students used to be reluctant to see a female doctor, but that no longer seems to be a problem. She said male students today seem more comfortable with Dr. Jody Wang, who comes to Doon each week.



Marilyn Fischer has been Conestoga's nurse for nearly 23 years and she is on call for all campuses. (Photo by Pat Bow)



Jacki Allin, DSA vice-president of student affairs, sorts through nearly 1,300 unclaimed drug cards. (Photo by Kim Breese)

Pick up drug cards, says DSA vice-president

By Kim Breese

There are still about 1,300 Doon students who have not picked up drug cards they have already paid for, said Jacki Allin, DSA vice-president of student affairs.

Allin said the \$50.54 payment for the prescription drug insurance plan was included in the activity fee students paid with this year's tuition. The plan covers 80 per cent of most prescription drugs, she said.

"Every one of those cards is \$50 and it's not going to any use," said Allin. "If you multiply 1,300 cards by \$50, that's how much money is sitting there that people aren't using."

Allin said she does not know why students are not picking up their cards. "People are coming in when they need them," she said. "Maybe it's a hassle for people to walk in the office and pick them up."

Allin said she is encouraging people without cards to drop by the DSA office beside the student lounge.

"It takes about five seconds to come in here and get the card," said Allin. "It's a service that they've paid for."

This is the first year the DSA has sponsored a drug plan. Allin said the plan was implemented in response to requests from students without drug coverage. Most colleges and universities, she said, offer student drug plans.

Allin said it is too early to judge whether Doon students think the plan is worthwhile, but says reaction has been good. About 25 per cent of students opted out, she said.

"A few people were dissatisfied with the plan," Allin said, but, "I'm surprised it (response) hasn't been even more negative. It is something that is brand new. Most of the re-

sponse we have had has been positive."

The DSA is currently distributing a questionnaire asking people their opinion about the plan, which is in effect until the end of August. The results of the survey will determine what kind of plan will be in effect during the 1995-96 school year, said Allin.

"If students are satisfied with the drug plan, it will be continued as it is," she said. "If students think more benefits should be added, then we'll have more benefits." The DSA is requesting the questionnaires be returned by the end of February.

Also included in the survey is a question about the safety of condoms purchased from the college vending machines. If the survey shows there is widespread worry, the DSA will look into having those condoms replaced, said Allin.

LET'S TALK ABOUT SEX!

A Collective play about sexual attitudes in the nineties

Thursday, February 9

Room 4B06

Show Times

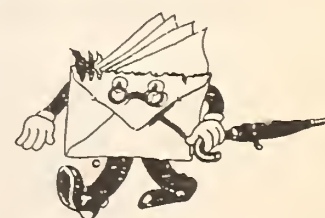
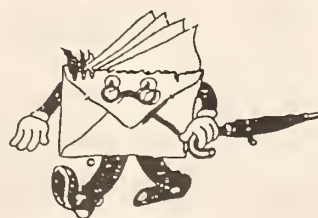
11:30 am & 12:30 pm

Sponsored by Conestoga College

Date/Acquaintance Rape Awareness Committee

We want to hear from YOU!

Any comments, suggestions, or questions are welcome!



Drop off your comments to the Suggestion Box located on the Door of the DSA Activities Office (in main Caf) The DSA will respond to questions in SPOKE.



Michelle Newton, DSA secretary fixes the change machine outside the students lounge.
(Photo by James Leduc)

Conestoga ready to cash in on medals at Skills Canada

By Pat Moules

Conestoga College will try to improve upon the six-medal performance earned at the 1994 Skills Canada provincial competition by gearing up at the regional competition on April 5. Conestoga will host the annual event for the sixth time and will expect about 150 high school participants from around Waterloo region, said Gail Smyth.

Conestoga earned gold medals in cabinet making, carpentry, mechanical CAD and residential wiring in last year's provincial competition. They added silver medals in mechatronics and welding.

At the national level, they earned golds in cabinet making and residential wiring, a silver in mechanical CAD, and bronze medals in carpentry and welding. One Conestoga student faired especially well last year at the provincial and national level. Walt Jinkerson earned gold medals at the provincial and national level, Smyth said.

There is no national competition this year, said Smyth. The next

one will be held in Montreal in 1996.

Twelve students will be chosen by faculty to compete in the April competition.

The provincial competition will be held in Hamilton in May. The categories for the Skills Canada regional competition include: woodworking, carpentry, residential wiring, architectural CAD, mechanical CAD, computer numerical control, mechatronics (2 participants), welding, electronics, computer technology, and telematics.

Interested students may pay a four-dollar fee to enter the college competition, and go through a selection process by faculty to participate in the competition, said Smyth.

Skills Canada week will be held in the first week of April to raise money for the upcoming competition.

The fundraiser will feature a raffle for a table fashioned by the Woodworking Centre of Ontario, and a display at Door 4. A chocolate bar campaign will last for over a month in a continuous fundraising effort.



First-year Broadcasting students Andrew Salter and Dorothy Switalska paint sets in the broadcasting television studio.
(Photo by Blair Matthews)

K-W Corporate challenge event slated to run this September

By Patti Harding

Once every September, Kitchener-Waterloo businesses and industries co-ordinate a team of 10 members to participate in the high-spirited, inter-company competition of the K-W Corporate Challenge.

The Corporate Challenge, which promotes physical activity and healthy lifestyles, helps companies learn about each other and people in their community. Combined with the fun, the challenge builds team-work and co-operation among the members of the company's team.

Conestoga College employees have been involved in the Corporate Challenge for four years and have entered it again this year. The Conestoga team has also challenged the DSA to make up a team of their own.

Adrian Hart, of computer services, said that the employee team challenge to the DSA was to get

more involvement from the college and to get more exposure.

"It's good for the DSA to get exposure in the community," Hart said. "It is just a challenge within the college, trying to get more teams involved to help the charity."

The challenge for the DSA to make a team of their own was not accepted. The Corporate Challenge will not be until September so it is not up to the current executive to decide what the next executive will do.

The Corporate Challenge, which had an entrant cost of about \$200 last year, is entirely dependent upon community volunteers. The contributions of their time and resources makes the challenge as successful as it has been. The event operates on a break-even basis, and depends on the contributions of funds from team entrants and corporate sponsors.

In 1994 the charity was the Ventures and the year before it was Mary's Place. Each year the Corpo-

rate Challenge committee selects a local charity based on specific criteria.

To choose the charity, the committee invites applications from charities. The charity gives an outline of why they feel they should receive the money and what they would do with the money, the board then decides which charity to give it to, said a representative from the Kitchener-Waterloo Chamber of Commerce.

The college does not yet have a team but will by September, said Hart.

Last year, 74 companies and other organizations entered teams of five men and five women in a day long series of whimsical events such as the "Big Mouth Karaoke Kontest." Over 800 spectators turned out to cheer on their teams, with the team from Conestoga Rovers achieving first place.

Hart said the event is to have fun, and expose the college to the community.

Coming Fri. Feb. 17 to the Twist Conestoga Kick'n Country Nite

Country Video Show, Line Dancing,
Kick'n Tunes, & Special Guest Band

Tickets at the DSA Activities Office



FREE NOONER CARL STRONG

Entertainment at
its Best!

Tuesday, February 7
12 noon
Main Cafe.

College Madhouse Super Party THE ROXX



Friday, February 10

TICKETS: \$5.00

includes Transportation
bus departs from Door #4
at 7:00 pm

Sign up at
the DSA
Activities Office
by Tuesday,
February 7

Age of Majority
Required

playons



Cash
Only!

Tuesday, February 14

Tickets: \$30

includes ticket & transportation
Sign up at DSA Activities Office
by February 10

Coachline will depart from
Doon Campus Door 4 at 3:00 pm



DSA & CRKZ
presents...

Rock'n Bowl

Wed. Feb. 15
11 pm - 1 am

Brunswick Frederick Lanes



Tickets \$5.50

includes shoe rental
& unlimited bowling

If you missed
the 1st ...don't
miss this one!
We'll have you
rolling!

Attention
Graduating Students

Grad Photo Time

Graduation Photos will be taken

February 6 - 9
February 13 - 16



More information available at the
DSA Activities Office.

COUNSELLOR'S CORNER

By Joan Magazine

Have you already written off those New Year's resolutions? Are all those promises to quit smoking, eat more healthfully, get into an exercise program, attend classes regularly, keep up with homework week by week, well out of view?

Don't give up on yourself. It certainly is difficult to change behaviours, but those behaviours are habits and we do have the ability to control habits. In Becoming a Master Student David Ellis suggests some steps to keep in mind when changing habits:

Tell the Truth- you need to be honest with yourself. Admit what's going on in your life in order to face it and get help, whether it's sleeping in and missing classes or sneaking those cigarettes you vowed to give up.

Commit to the New Behaviour- After deciding on the change you want to effect, make a promise and a plan. If you want to substitute fruit snacks for candy to increase healthy eating then buy fruit at the supermarket. Bring an apple to school for those in between "Munchies". Mentally rehearse the changes. If you want to challenge yourself to get more out of school, imagine yourself raising your hand and participating in class.

Get Feedback and Support- After the initial enthusiasm wears off, it's easy to slip back into old behaviours like procrastination. "Oh, well I'll put the start of the paper off until next week." Have a way to monitor and reward yourself. Don't quit, if you fall backwards; ask others to encourage you when you need support.

Practice your new habit over and over again. When this habit is mastered, you will be better prepared for the next change.

Just what you need to
Survive Winter!

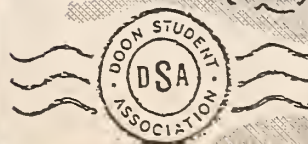
Winter Survival Kits

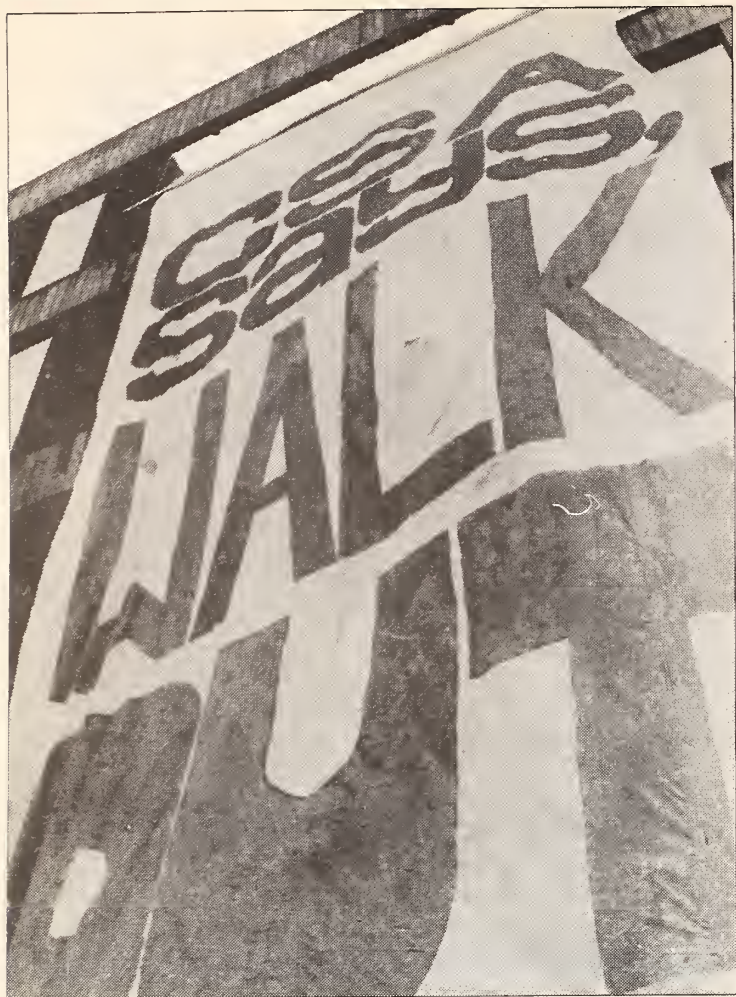
on Sale Now

\$15

Available at the DSA Activities Office

Get yours
before the
BIG FREEZE!





Perspective . . . on the

Strike



On Jan. 25, thousands of students made their voices heard in a Canada-wide day of strike and action against proposed cuts in federal spending for education. The cuts could mean tuition hikes of 105 per cent over 1994/95 levels. At the University of Guelph and the University of Waterloo, 600 students took to the streets in peaceful protest and classrooms remained empty for the day.

(Photos by Blair Matthews)



Perspective . . .

Guelph students walk

By Blake Patterson

Toby Creedy, a student at Guelph's Centennial Collegiate and Vocational Institute, does not think he will be able to pursue the dream of a BA in drama next fall. He says Human Resources Development Minister Lloyd Axworthy's "ridiculous" changes to Canada's social safety net will put post-secondary education beyond his reach.

And Creedy is not alone in his concern.

Together with about 400 students from the University of Guelph, Creedy skipped school Jan. 25 as part of a nation-wide day of strike and action by the Canadian Federation of Students to protest proposed federal cuts to \$2.6 billion in transfer payments for provincial post-secondary education.

Thousands of students from 80 campuses in 19 cities refused to attend classes that day so they could march through city streets, challenge government on Parliament Hill, conduct food drives and hold discussion forums.

The "peaceful protest" at U of G marched from the university's student centre to the office of Guelph-Wellington Liberal MP Brenda Chamberlain in the heart of the city.

Hoisting colorfully painted placards and waving Canadian flags, the students choked traffic on north-bound Gordon Street and chanted, "They say hike. We say strike" and "They say cut-back. We say strike back."

The protest, according to third-

year economics student Kim Radbourne, was an attempt to raise general awareness of student concerns and to show that students are aware of the issues.

She said media coverage of the Nov. 1 protest on Parliament Hill in which students threw macaroni and cheese at Axworthy was not an accurate reflection of student concerns.

"Guelph is not going to throw macaroni," said Radbourne.

The demure university crowd had become an ugly street mob by the time it reached Chamberlain's office.

"We can't afford it."

Before the march, Kim Emerson, the external affairs commissioner for U of G's Central Student Association, said the protest was important to show student solidarity. And University of Guelph president Mordechai Rozanski, who had granted a day of academic amnesty, told students he supports the protest because someone has to ensure that the process of inevitable government cut-backs is fair and responsible, and that the process does not lead to "huge increases in tuition" which would make "the affordability (sic), accessibility and quality of education more difficult."

Rozanski's comments echo concerns which Ontario's Minister of Education and Training, Dave Cooke, outlined in a Dec. 8 letter to Axworthy.

Cooke said the loss of the federal support would represent the loss of 90 per cent of the cost of Ontario's entire college system.

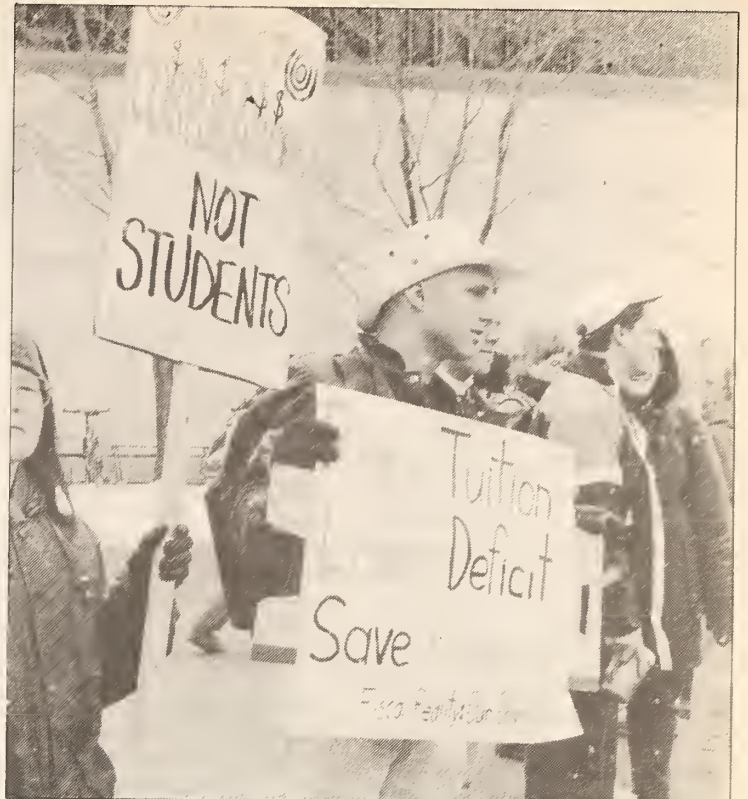
And he added that if students are forced to absorb the cost of the reduction, Ontario tuition fees will rise by 105 per cent over 1994-95 levels.

Rozanski received loud, boisterous applause from the largely partisan crowd, but at the other end of the parade, comments from Chamberlain were not received so warmly.

While snow fell and temperatures dropped, the demure university crowd had turned into an ugly street mob by the time it reached Chamberlain's office.

Chamberlain accepted a banner signed by hundreds of students and she tried to explain Liberal policy, but she was shouted down by hecklers in the crowd and by one student in particular who used a megaphone to shout his opinions four feet from Chamberlain's face. In frustration, Chamberlain called the students impolite, told them to educate themselves about the issues and retreated into her office.

In Chamberlain's absence, Jeff Paul of the Young Liberals of Canada attempted to calm his fellow students by explaining that the Liberal's short-term plan will make education affordable in the long term, but he too was jeered by the crowd who claimed that he had been "brainwashed" and that "They (the Liberals) are shifting the public debt onto us (the students)."



Students at the University of Waterloo protest possible tuition hikes during their rally on Jan. 25.
(Photo by Anna C. Done)



"You should educate yourselves about the issues.

"I think you are being very impolite."

— Brenda Chamberlain
Liberal MP
Guelph-Wellington

U of W holds Axe-worthy rally

By Anna C. Done

"Cuts to our education system are not axe-worthy," was the message from Ontario Federation of Labour president Gord Wilson addressing over 300 protesters at the University of Waterloo on Jan. 25.

Wilson, along with five other guest speakers, spoke at the protest organized by the Waterloo Anti-Cuts Coalition as part of the national day of student action. They spoke against cuts in transfer payments and the 105 per cent tuition increase proposed by the federal government.

Wilson said he is disgusted that the Canadian federal government is trying to solve the financial problems of the country on the backs of those who can least afford it, such as students, the unemployed, and the middle and working classes.

"In the last tax figures released, there were 62,000 Canadian corporations who had a combined profit of \$12 billion, that didn't pay a single penny in income tax.

It is time for Mr. Martin and Mr. Axworthy to go and tap those corporations for what they owe the people of Canada."

Larry Batista, president of the Waterloo Regional Labour Council, lashed out at the Liberal government's tactics as "retro-conservative bullshit," and urged the crowd of students and faculty to let the government know that cutbacks to the education system are not going to be tolerated.

Batista said that high-quality, accessible, post-secondary education is necessary "for Canada to go into the 21st century and compete in the international market."

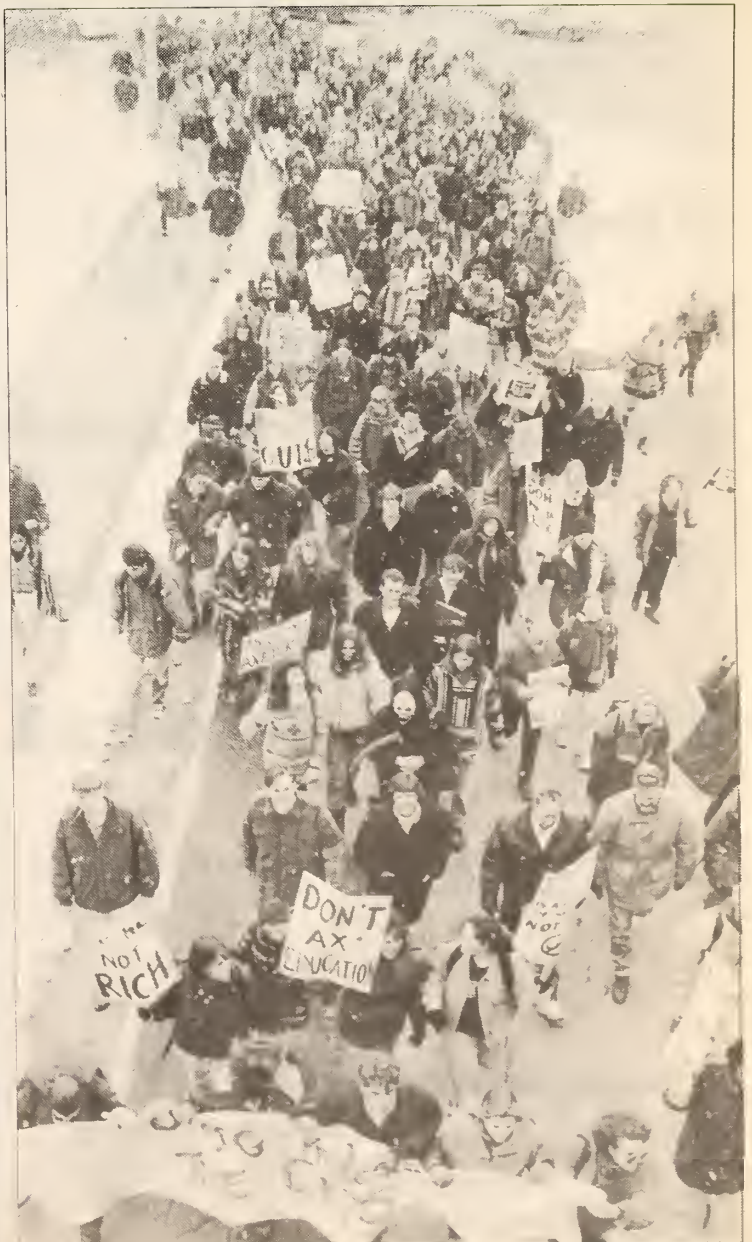
Beryl Cote from the Canadian Union of Public Employees accused the Liberal government of choosing options to reduce the deficit that will not directly affect them or their "corporate cronies." Anti-Cuts Coalition member and protest organizer, Bryan Smyth, said 94 per cent of the deficit has been caused by high interest rates and corporate tax loopholes, not by social programs. "If, during

the last ten years, interest rates had been held at pre-1981 levels, then instead of a deficit, this country would have a \$14 billion surplus."

Smyth said instead of targeting students and the unemployed, it is time for the government to control interest rates and "scrutinize the usefulness of multi-billion dollar programs that overwhelmingly benefit businesses and the very wealthy."

Other speakers who addressed the crowd were Ian Macdonald from the University of Waterloo Faculty Association, Pamela Constable, president of the Ontario Secondary School Teacher's Federation, and Sharon Adams from the University of Waterloo Staff Association.

Following the speeches, the crowd marched to the office of Waterloo MP Andrew Telegdi and presented him with petition of approximately 2,500 signatures urging the government to consider fair options to doubling tuition.



University of Guelph students march through downtown Guelph to protest proposed government cuts.
(Photo by Blake Patterson)

Perspective. . . .

DSA backs positive approach to protests

By James K. Leduc

The Doon Student Association (DSA) executive said having a food drive to support the fight against raising tuition fees instead of a student strike or demonstration, was a response that met the needs of Conestoga College students and was the party line of the Ontario Community College Student Parliamentary Association (OCCSPA).

Shelley Kritz, DSA director of public relations, said the "Food for Thought" drive was an OCCSPA event. She said it was put together to symbolize students who might be forced to rely on food banks because a sharp rise in tuition fees could leave students without enough money for food.

Kritz said a majority of Conestoga students are mature students and they are here to be educated, not to strike. Kritz said mature students did not want to take time out of their schedules and the drive was a positive approach to fight proposed changes in Human Resources Minister Lloyd Axworthy's social policy reform.

A memo from OCCSPA to the DSA stated the one-day strike from other provincial student groups was not an option for the association (OCCSPA) because they believe students "are not interested in being on the lawn with placards protesting, but at the table creating workable solutions."

The memo said that the food drive would send the government a message that college students are willing to work to find solutions. It said

the drive would help distance negative student movements from college students.

Anna Done, a second-year journalism student, wrote a letter to the editor in the Jan. 23 issue of Spoke and said if anyone wanted to take positive action against tuition increases they should attend the Jan. 25 rally at the University of Waterloo.

Deanna Ciuciura, DSA vice-president, said the letter from Done created a lot of anger among DSA executive members. She said it encouraged students to miss school that they are paying for, to fight the possibility of increased tuition.

"I don't feel the strike was right because students are skipping school to protest the possibility of them not being able to go to school," Ciuciura said.

She said the idea behind the food bank is to show students will not be able to afford food if tuition increases go through.

Jacki Allin, DSA vice-president of student affairs, said faculty probably would have penalized students for missing school if they had gone to any of the rallies.

Sabina Kampf, DSA president, said the Doon association is a member of OCCSPA and if Doon planned any further events protesting tuition hikes it would be with OCCSPA support.

Kampf said students being out of classes, in the form of a strike, defeats the purpose of striking in the first place. She said there has not been a lot of student input about this issue, but she said the DSA

executive would be open to suggestions.

Allin said the food drive was a positive protest, and contrary to the letter by Done, students have kept tuition increases down over the years because they have kept communications open by using positive forms of protests.

Ciuciura said she was personally offended by Done's letter because she said Done did not take the time to find out why OCCSPA took the position they did on the issue.

In a follow-up letter from OCCSPA member Heather Russell said the food drive went well and her office received two phone calls from Axworthy's office. Russell said the drive generated the proper attention and encourages students to write to Axworthy to express their concerns.



Food for thought...

Top: At the Jan. 24 board of directors' meeting, Deanna Ciuciura (left), Sabina Kampf (middle) and Shelley Kritz, of the DSA address complaints about Conestoga's participation in the national day of student protest. (Photo by Blake Patterson)

Bottom: Deanna Ciuciura, DSA vice-president of operations, looks over cans of food donated by students in protest of Lloyd Axworthy's tuition reform. (Photo by Kerry Masche)



Now Playing!

NBA Weekly Pool

NHL Weekly Pool

NHL Draft Pool

Free Entry

Sign up at the DSA Activities Office

Weekly Prizes sponsored by
O'TOOLES



Come by yourself,



come with a friend,



or come with a crowd...

AND GIVE YOUR GIFT OF LIFE!



The Canadian Red Cross Society

BLOOD DONOR CLINIC
Wednesday, February 8
10:00 am - 3:00 pm
Blue Cafe.



BD90009

Feature

Volunteering provides valuable experience

By Kelly Lewis

More students are "turning to volunteer experience as a way of acquiring job skills", said Barbara Elve, volunteer program co-ordinator of Anselma House, a shelter which supports an outreach program for abused women and children.

Elve said she writes letters of recommendation for volunteers who are seeking jobs. She said volunteer experience looks excellent on a resumé.

"We are lucky to have the universities and colleges close by, because many students do volunteer work at Anselma House as a way of gaining experience," said Elve. She added that their many staff members, started as volunteers at Anselma House.

Because of the nature of the refuge, Anselma House only currently accepts female volunteers, but it does allow males to be members of its board of directors and committees, said Elve.

The agency has approximately 70

volunteers each year, and 30 full and part-time staff. "We have a goal of reflecting a culturally diverse society."

"Volunteers can help out at this shelter, by answering the crisis line, or by providing a recreation program for the children who come into Anselma House," said Elve. She said there is a definite need for the shelter and for volunteers.

In 1994, 328 women and children received safe shelter, 1,656 calls were made to the crisis line, and 179 supportive counselling sessions were given to non-residents, according to an agency overview report produced by Anselma House.

In addition, 42 women and 41 children were provided with supportive counselling, information and referrals.

The shelter also offered its public education program which provides information on abuse to 2,565 people. Volunteers also provided 4,508 hours to support staff with the delivery of programs, according to the agency's annual report.

The volunteer program is open to any women 18 years old or older, who have successfully completed the Anselma House volunteer training and orientation, said Elve.

In the volunteer assessment of the program, statements about working at Anselma house have been positive. One volunteer said, "It's good to know I'm helping to make a difference. It helps with personal growth. I am getting good experience to apply to my work and other volunteer positions."

Elve said that like most agencies in the area Anselma requires the volunteer to commitment to one year of service.

Another agency that women students may consider working at is Birthright. Although it has a different philosophy than Anselma House and is in no way connected to it, it still provides a service for women.

"The whole agency is run by volunteers," said Bev Sellers, a volunteer.

Sellers said that their agency offers help and counselling to preg-

nant women. "We also offer pregnancy tests, maternity clothing and baby essentials to expecting mothers such as clothing, layettes, and blankets."

"Many mothers come back after they give birth to let us know how they are doing or just to talk, sometimes they have no one to turn to for support," said Sellers. "That is one reason that volunteer work here is so rewarding."

She said Birthright is always in need of volunteers, cash, clothing and toy donations.

Sellers said its "a real feel good place" and some volunteers have been at the agency for 20 years.

Anyone interested must read the training manual and spend 12-20 hours with an experienced volunteer learning procedures, said Sellers.

Elve said volunteer work "also shows a commitment to the community, and if a person is interested they should call the volunteer action centre. They help connect you with an agency that meets your needs."

College will host batik art

By Linda Orsola Nagy

March 21 to 23 Conestoga College's Doon campus will once again host a unique and dazzling sale of handcrafted artwork imported by a local company called Fabled Cloth. The work consists mainly of Indonesian batik paintings — artwork done on material using hot wax and different colors of dye.

The sale also includes batiked T-shirts and fabric, silver jewelry and bandannas.

The price range for most items is \$6 to \$30, making them unique and affordable purchases for students.

The business is owned and operated by Donna Whale and Jim Dynes, a Fergus couple, who travel to Indonesia once or twice

a year to hand-pick all of the work.

Dynes says they started Fabled Cloth three years ago. They developed a fascination and love for the work after being buyers for an international hand-crafts company.

Although the main focus of the sale is the batik artwork, he says they are "always trying to build new products out of the batik itself."

The art form, widely associated with Indonesia, is also found in other parts of the world, including India and East and West Africa.

He explains there are several methods of batiking other than the most commonly known one of hand batik; these include stamping, a process similar to tie-dyeing, and machine batik.



Two trucks play sardines on Homer Watson Boulevard just below Conestoga College last week. The accident produced no injuries only bruised egos.
(Photo By Nicole Bardeau)

Surprise Your Valentine

with a carnation that's S.W.A.K.

on Feb. 14

Available at Door #3 or Door #4

for \$2.50

ALL DAY OR WHILE SUPPLIES
LAST

Flowers provided by: Lee Saunders
Westmount Place Shopping Centre, Waterloo

Suggestion

Is there a council or task force to meet with if we have objections or difficulties with teaching practises or administration obstacles? How do we get in touch with these people?

Everson
Third semester nursing

Answer

If you are having problems with teaching practises or administration the following steps are to be taken (if the problem can not be solved at the first step it is taken to the second and then third etc.):

1. Speak to the teacher
2. Speech to the chair of the program
3. Speak to the dean who in turn will bring the concern to the president of the college.

Sincerely,
The DSA



SPORTS

Three Condor scorers make top 10

Conestoga Condors #1 in OCAA standings

SCORING LEADERS BY POINTS

PCN NAME	TEAM	GP	G	A	PTS	PIM
25 WEBER, SHELDON	CAM	12	29	26	55	40
20 STOS, JON	CAM	12	14	38	52	48
13 MCGUFFIN, MATT	SEN	10	17	20	37	21
30 WASHKURAK, JOEL	CON	12	11	24	35	84
9 MATILAINEN, ARI	SAU	10	16	15	31	6
22 KINNEAN, DARRIN	CON	11	16	15	31	37
8 JACK, TOM	SEN	10	9	21	30	19
22 VIAL, MIKE	CAM	11	5	22	27	20
25 LONG, DAVE	CON	10	14	13	27	37
9 ROOMEY, KEVIN	ALG	12	13	11	24	34
11 CRANE, DAVE	NIA	10	7	16	23	8
21 VARI, KIMMO	SEN	9	9	13	22	14

TEAM STANDINGS - POINTS

TEAM	GP	W	L	T	GF	GA	PIM	GA/VG	PTS
CONESTOGA	12	9	2	1	84	49	532	4.08	19
SENECA	10	8	1	1	82	30	419	3.00	17
CAMBRIAN	12	8	3	1	121	69	502	5.75	17
SAULT	12	6	5	1	82	65	384	5.42	13
ALGONQUIN	12	5	5	2	69	73	303	6.08	12
NIAGARA	10	4	5	1	57	68	333	6.80	9
S.S. FLEMING (L)	9	3	4	2	39	46	180	5.11	8
S.S. FLEMING (P)	10	2	7	1	44	61	303	6.10	5
ST. LAWRENCE (R)	13	0	13	0	43	160	316	12.31	0

OCAA standings as of Jan. 30, 1995

Male Athlete of the Week for Jan. 23 - Jan. 30



Jamie Hooks

Hooks, forward on the hockey team, scored two goals and had one assist in the Condors' tie with Algonquin Jan. 28.

Condor goalie chosen as Athlete of Month

Submitted by Barb McCauley of Athletic and Recreation staff

The Athlete of the Month award is new to the line-up of events this year to help promote and highlight varsity student athletes and their achievements.

The final selection is based on all submissions that were selected for Athlete of the week.

Of that total, depending on which sports are running each month, one or two people are selected from that pool by the Athletic and Recreation staff.

Athlete of the Month for January is men's hockey goalie Scott Ballantyne.

Conestoga is currently in first place in the OCAA men's hockey standings, and Ballantyne's prowess in the net helped

the Condors get to the top. Athletes of the Month are presented with a goody package compliments of the Brick Brewery, consisting of various items such as hats, t-shirt or sweats etc.

As well, the Brick Brewery has supplied two plaques that are mounted on the wall at the Condor Roost.

Photos are placed in these plaques, and remain there for the month of their selection.

Normally, these presentations are tied into special events that are held at the Roost, so when a group of people gather at the there, there is a group on hand to see the athlete(s) presented with a gift from manager of Athletics and Recreation Dan Young.

Athlete of the month will continue until the end of April.

Youth Camps And Activities For '95

MARCH BREAK CAMPS FOR '95 For children ages 5-12

March Break Camp '95 will be a fun filled week with programs including sports, games, arts and crafts and special events. The camp is fully organized and supervised by trained staff to provide a great experience for all who attend

Session 1 March 13 to 17 Session 2 March 20 to 24

\$90 per session \$170 for 2 children from same family per session \$260 for 3 children from same family per session \$20 per child each day

MARCH BREAK SPORTS CAMP For children ages 9-14

The March Break Sports Camp offers a week of programs to include sports instruction and recreational activities instruction will be given in volley ball, badminton, squash and other sports.

March 13 to 17 \$130 per child per session \$250 for 2 children from same family \$340 for 3 children from same family

Note: We would like to remind all participants to bring ice skates on skating day

SUMMER JOBS AVAILABLE..

The team at Conestoga College Recreation Centre are looking for players for the following summer '95 positions:

- Camp director
- Leaders & counsellors
- Instructors for various programs
- Computer instructor (To include Lotus, Wordperfect 5.1 etc.)
- Convenors



If you are looking for a challenging job with flexible hours (dependent on programs) and enjoy working in and outdoors with children, then we would like to hear from you. Experience is preferred and training in First Aid, CPR and WHMIS would be beneficial for all above positions.

If you would like to join our team, then stop in the Rec. Centre front desk and pick up your application (Please attach a current resume)

For more information please call 748-3512 or Barb McCauley Ext 386

Deadline for applications is Feb 28. Don't delay- Apply

Upswing in career opportunities discussed at forum

By Don Ross

The merging of career paths between engineers and technologists and new job opportunities in customization of computer systems were among the topics discussed at the electronics engineering student forum Jan. 20 at Conestoga College.

A panel of six representatives from the telecommunications and computer industries answered questions related to job opportunities, technological advancements and the changing customer market.

Paul Ludwig, a graduate of Conestoga in 1978, and the owner of a computer research company, told second and third-year electronics engineering students the job market in computer research and system design is expanding. "When I graduated, there were about five or six companies I could apply to. Now there are between 25 to 50 in Kitchener-Waterloo alone looking

for technologists and technicians in the near future," Ludwig said.

"There is going to be an explosion of jobs as more and more companies have a backlog of software that has to be written," Mick Cahan, software developer for IBM said. "People in the information and computer industries are going to be well-positioned for the next three to five years," Cahan said.

Echhard Budziarek, engineer in microwave communications at Raytheon Canada Ltd, predicted a job explosion occurring in telecommunications, both in the domestic and international markets.

"I see a great deal of opportunities in microwave communications, satellite links, cable television and cellular telephones. There is a telephone network just developed that uses satellites. The opportunities are there not so much for the hardware people but certainly for the systems people," said Budziarek.

Fung Fai Lam, vice-president of

Sony Canada Ltd, was not so optimistic regarding job opportunities for television broadcast technicians. Forty per-cent of technicians at television stations in Canada have been laid off, Lam said. "This is due to advancements in digital equipment which make it a much easier task to repair systems without technicians."

Stations have worked out deals with the suppliers to do the repairs for them, rather than have their own staff technicians, he said.

Lam did however, offer encouragement for those interested in pursuing careers in satellite technology. "A few months ago the U.S. launched a direct broadcast service.

This system, through the satellites, you can receive from an 18 inch disk, rather than those larger ones," Lam said.

Canada is not yet in the market because the CRTC has opposed the usage of the system. Eventually,

however, they will have to give in to consumer demand which will offer jobs for people who will service and install these dishes, he said.

This is the first recession that has hit the computer industry, Ludwig told students. "Downsizing occurs, but because the electronics industry advances so rapidly, it upsizes in other areas," he said.

One area that will expand is customization of computer systems, Cahan said.

Computers today are breaking more into the consumer industry rather than just the business industry, he said.

"The merging of single units such as a PC with a stereo system, or with a multimedia system, or with Internet systems is going to be in the future. This is going to create jobs in installation, retail and systems design.

Consumers will want technicians to come into their homes and customize these system mergers," Ca-

han said.

In the year 2000, 70 per cent of households will have a PC. This will provide immense opportunities with the explosion of networks and the PC, Lam said.

Another trend is the merging of career paths of the technologist and engineers in computer companies, Cahan said. "Unless it explicitly requires a designer's stamp where the internal politics must keep the two separate, I suspect in three to five years moving from being an engineer to a technician will be much simpler."

With so many changes occurring in technology so fast, an engineer is better off going to a small company and doing a larger range of jobs as opposed to a larger company where there would be less diversity of tasks per person, Ludwig said.

"Six months of not keeping up with technology, could put you on the back burner and out of work," he said.



Shelley Kritz, DSA public relations director, and management studies student Rose Messah get survival kits ready for students this month.
(Photo by James Leduc)

Play about sex issues raises student awareness

Kerry Masche

On Thursday, Feb. 9, the University of Guelph's Wellness Education Training Troupe (WETT) will perform the play *Let's Talk About Sex*, to help raise Conestoga students' awareness of sexual issues in the '90s.

The performance, hosted by the college's Date Acquaintance Rape Committee, will consist of two 45-minute presentations to be held in room 4B06 at 11:30 a.m and 12:30 p.m.

Marilyn Fischer, a registered nurse with Conestoga's health services who serves on the committee, said the play will deal with issues such as abuse of alcohol, communication in relationships, sexual assault, males in the '90s and homophobia.

Fischer said she thinks some students will get more out of watching the play than by reading educational material on the subject matter.

and works in the university's wellness centre. She said it's time once again to "get sexual issues out on the table."

She said *Let's Talk About Sex* has been performed during orientation at the university, at conferences dealing with sexual issues and in the classroom.

According to De Santa, an important aspect of the play is that the performers are not actors, but peer helpers who also work in the wellness centre. "People react well to a peer group presenting," she said.

De Santa said the play is effective because it is performed by people who are in the same age group as their audience. The peer helpers have personal experience with many of the issues. "They can tell you it's real," she said.

Each performance will be followed by a 15-minute question and answer period where the audience will be encouraged to ask the characters questions. De Santa said the performers will stay in their roles because "this type of education al-

victims and perpetrators of sexual crimes in order to grasp where each is coming from.

Marg Smith, chair of community services and employment equity co-ordinator at the college, is also a member of the Date Acquaintance Rape Committee. She said the play will "help raise the awareness level of all the issues presented."

Smith said the play was scheduled during lunch hour in order to accommodate the schedules of the maximum number of students.

According to Smith, the college receives approximately \$30,000 from the Ministry of Education to install safety features such as lighting and to provide information on safety issues on campus.

She said the ministry provides money as part of its Campus Safety for Women Campaign which is run by the anti-violence secretariat. Smith said *Let's Talk About Sex* cost about \$500 to obtain.

The play was provided as a follow-up to the Sept. 29 performance of *He Said, She Said* which also



Marilyn Fischer, a registered nurse in health services, sits on the Date Rape Acquaintance Committee. (Photo by Kerry Masche)

ters

blems for students

aware that students cannot do anything to change the fact that the building is full of dry air, but they can help themselves by using skin moisturizers, drinking lots of water and by having baths filled with oils or oatmeal.

Polevoy said that the stress is a factor that most people encounter when they are students. He said that, "40 to 60 per cent of skin problems are associated with

"Exercise, healthy eating and enough sleep will help to alleviate stress, which in turn may help to cure common skin disorders," says Polevoy.

He says that during exam time he is "swamped with students" and that the majority of his clientele are from the ages 14 to 25.

Dr. Polevoy says that students do not need a referral to come to

ENTERTAINMENT

Dan Valkos is certainly no Nostradamus

By Dan Wettlaufer

Nostradamus started the trend thousands of years ago. He predicted assassinations, floods, fires and earthquakes. He was even so bold as to make predictions until the end of the 20th Century.

Jan. 25 students at Conestoga College were able to find out a little about their own futures. It wasn't Nostradamus looking into the future at Conestoga, but renowned psychic and paranormal expert Dan Valkos.

Valkos has a long and deep background and history. He has taught Extra Sensory Perception development classes, hosted a weekly television show called Inner Visions-Outer Realms, wrote a weekly column for a Michigan newspaper and is the founder of the Paranormal Enlightenment Centre, in Michigan.

Valkos has also written and produced a number of self-help cassette tapes and wrote and published two novels. He has been seeing the future for the past 24 years, teaching at various colleges and universities along the way.

On Jan. 25 students were invited to stand in line and ask Valkos three questions of their choice about their personal future.

Approximately 169 people waited patiently to see if they would get married, how many children they would have and various other questions that only a psychic could answer.

Sean Armstrong, a third-year broadcasting student, was one of the students interested in his the future. He asked where he would be in eight months, what he would be doing and if he will be doing what he wants. Armstrong said he thinks Valkos "feeds off" people by the

things they say and the way they act.

"The answers are pretty generalized and you can't ask questions about the past or present," said Armstrong. "I'm a bit of a skeptic, but that doesn't mean I don't want to do it (ask questions) again."

Heather Fair, a first-year nursing student isn't sure what to think.

"I don't really believe, but some things are a little too close to the truth," she said.

Of course Valkos, being the psychic he is, always has an answer handy when he needs one. He says "It's how you word the question. If you ask a vague question you are going to get a vague answer."

One guy asked if he was going to have any children and Valkos said no, but call me if you ever get pregnant.

"If someone gives me the opportunity for a one line smart ass comment, I'm going to take it," said Valkos.

During the psychic mini-sessions, Valkos grips a quartz crystal like some sort of security blanket. He says it is an energy focal point that he uses to get into the individual's

head. Along with the customary psychic quartz crystal, Valkos wears the look of a thinking man on his face and rubs his temples for good measure.

Valkos said as the day gets longer and the more people he talks to his energy levels start to become depleted.

Valkos is not only a psychic but a certified ghost hunter. He has helped different people rid their houses of spirits and various other nasty apparitions.

Some people go to Valkos' shows a skeptic and leave a believer, others go a skeptic and leave unchanged. I left a skeptic and am even more sure now. Valkos was asked how his pocket book was when it came to sporting events and betting.

"I don't gamble. But I have been bang-on with the playoffs (football) this year," he said.

Oh yeah Mr. Valkos. Who is going to win the Super Bowl on Jan. 29?

His answer? "I've got San Diego. It's a psychic feeling. I'm getting very good vibes with the Chargers."



Allison Smith, a third-year broadcasting radio and television student, listens as Valkos describes what her future holds. (Photo By Dan Wettlaufer)



Psychic expert and ghost hunter extraordinaire Dan Valkos grips his quartz crystal while focusing his energy on questions about the future. (Photo By Dan Wettlaufer)

Van Halen delivers the goods with Balance

By Mark Waddell

Something for every Van Halen fan can be found on the new 12-track album entitled *Balance*. It's the perfect montage of powerful, hard-driven, melodic music which Van Halen has made famous for the past 20 years.

The album was produced by Bruce Fairbairn who has produced Aerosmith's last two albums. There is noticeably darker feel to the album, unlike anything Van Halen has ever done before. Every song on *Balance* was written in the key of D minor, the saddest of all keys.

The first track off the album is called "Seventh Seal". The song, like many on the album, is described by Eddie Van Halen to have a "ballsy" sound. Although darker than most Van Halen songs, the up-tempo chord progressions are strikingly similar to "Poundcake" from the album *For Unlawful Carnal Knowledge*.

The album is not without signature Van Halen tunes that will keep purists happy. The second track entitled "Can't Stop Lovin' You" can be compared to old Sammy Hagar

tunes from his solo days. "Two Sides Of Love" off the Sammy Hagar *Unboxed* album leaps to mind.

The band has a winner with "Not Enough" which could likely prove to have the success that "Right Now" had off the album *For Unlawful Carnal Knowledge*. The rock ballad that Van Halen seemed to neglect off *For Unlawful Carnal Knowledge* is back. A similar song to "Love Walks In" off the album *5150*. The combined emotion from Hagar's lyrics about love, along with Eddie's years of piano experience will surely have the young ladies buying records.

If there is one song that encompasses what *Balance* is all about it is track 12, entitled "Feelin'". The song is over six minutes long, and it changes time at about four different segments. The song features guitar work that has the classic Eddie Van Halen bright melodic sound.

Surely not the most intricate guitar work he's done, but he does not diverge from the beat of the song which helps maintains the band's melodic feel.

"I'm not into that loony gymnastic shit," said Van Halen in an inter-

view in the Feb. 1995 issue of *Guitar World* magazine. "Who can play the fastest. On *Van Halen* (the album) I was a young punk, and everything revolved around the fastest kid in town, gunslinger attitude."

The first release off the album, "Don't Tell Me," maintains the dark theme. The low, sombre guitar sound emanating from Eddie's guitar, combined with the hard push of Alex Van Halen's drums and Michael Anthony's bass successfully establish the song's sombre tone.

As usual critics will be quick to lash-out at Van Halen's new album, just as they did with *For Unlawful Carnal Knowledge*. Critics may say the album does not flow, or it's not in Van Halen's character to release a serious album.

However, in its most simplistic terms, the band know what they are doing. Over 20 years of making music will do that for a band.

Thumbs up for the band who agree the overall production of the album is the best they have accomplished to this point.

So crank the album to 10, close your eyes, cause this could be everything you dreamed.



Van Halen's newest release is sure to satisfy die hard fans, as well as attract a few new fans to their brand of music. (Photo By Mark Waddell)

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Our Lady Peace nukes U of W Bombshelter

By David Carlton

The lights went out and about 100 young men and women began to scream as the recorded sounds of East Indian tribal drums thundered into the air of the Bombshelter at the University of Waterloo. Former criminology student Raine Maida, wearing a ratty white shirt with the word "Hope" written on it, began rattling a pair of maracas and wailing.

The band Our Lady Peace (OLP) played a sold-out show at the Bombshelter Jan. 19.

OLP will be heading across the United States in support of the American release of their debut album, *Naveed*. According to M.E.A.T. magazine, *Naveed* is swiftly approaching gold status in sales.

Maida looked almost like a musical Rain Man, tying himself in knots with his shirt and occasionally singing into the microphone underneath it.

Bassist Chris Eacrett lurked about on stage, wailing on his bass and glaring into the crowd with a look that could have chilled Charles Manson to the bone, while guitarist Mike Turner, with bleached hair and goatee, strummed furiously to the beat provided by drummer Jeremy Taggart.

From the moment OLP began their set with their song "Dirty Walls," to the pre-encore closing with "Starseed," the crowd that jammed itself up against the stage never stopped writhing or sweating.

The crowd was filled with thrashing youths who were held in a trance by the sounds pouring out from the P.A. system. Hands rocked back and forth through the air as faces went blank with a nearly orgasmic ecstasy.

Body-surfers were picked up and passed over the heads of the crowd, and either ended up sucked back under into the crowd or pulled on stage and escorted off.

OLP altered a few of the songs, lengthening them and giving them a more casual feel, letting Eacrett,



(Courtesy photo)

Turner and Taggart play around and jam a bit more.

"Sometimes when you're just jamming out during a song," Eacrett said, "it clicks one night, and another night it won't."

"If you want it to sound the same," Maida added, "why go see a live band? You need a sense of spontaneity on stage, otherwise things will get stale. We've probably done over a hundred shows now, and if we didn't have those good nights and bad nights, we'd feel like a machine."

During the title track, "Naveed," Maida picked up and strummed his acoustic guitar, on which was written the title of the album in Persian

lettering.

The word *naveed* is Persian for the bearer of good news, and is also the name of a long-term friend, whom Maida said he wrote the song about.

"I'm just more affected by every culture except western culture. I was really interested in his culture and his background, what with the conflict in Iran, how his family had to flee from there and how they made a wonderful life for themselves in Canada. Even the story behind his name, when he told me that it meant 'the bearer of good news'... it just fascinates me, and that's just a part of it — his name and how there's so much meaning

behind it. The song was about the fascination with those things, as well as a really good friendship."

The band has always had a sound that was distinctly their own. The members bring together punk rock, harder-edged music, jazz and Eastern ideals into their sound, which spawns a heaving, yet beautiful monster that wanders around inside the listener's head for hours.

Although the band does not wish to sound the same live as they do on *Naveed*, the same effect is felt in concert and even though the good news sound cleaner on recording, the live effect of Our Lady Peace is raw, powerful and completely hypnotic.

ENTERTAINMENT

Alabama an imaginative read

By Kerry Masche

If a truly unforgettable read is what you're looking for, Mark Childress's novel *Crazy in Alabama* is sure to satisfy.

Set in the rural atmosphere of Cotton County in 1965, the novel takes off in two directions at once. It deals with tense racial dissensions in the southern United States and one woman's quest to become a regular on the decade's hit comedy *The Beverly Hillbillies*.

Peejoe (Peter Joseph) Bullis, is a 12-year-old boy, who orphaned at an early age, is sent with his brother Wiley, 14, to live with their grandmother (Meemaw).

Peejoe hails from a family of undertakers and aspires to become one himself some day.

The novel's dual plot line kicks in almost immediately with the arrival of his Aunt Lucille and her six children, all of whom are named after Hollywood legends such as Cary Grant and Marilyn Monroe.

Within moments of her introduction into the storyline, Lucille confesses to having murdered her husband, Chester Vinson, because he wouldn't allow her to go to Hol-

lywood to audition for one of her many "big breaks."

Lucille dispels the disbelief of her mother and nephews by producing Chester's head from the trunk of her car. She has conveniently managed to fit him into a Tupperware lettuce keeper with a fresh-lock seal.

Childress's novel is full of both dark humour and haunting realism as he takes along for Lucille's mad-cap escape to Hollywood with Chester's head while revealing the disturbing sentiments of racial hatred that are occurring between the blacks and the whites back home.

As Lucille fulfills her dreams in Hollywood, minus her six children, Peejoe learns the difference between white and negro justice after the town's new "whites only" swimming pool is opened.

Race riots, drive-by shootings and senseless death drive home the plight of southern black Americans in the 1960s with the force of a sledgehammer.

Childress's in-your-face writing style sends the reader on a roller coaster ride of emotions. Anger, outrage and disgust soon make way for chuckling disbelief and hilarity.

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